

Cardiostrong Ergómetro BX90i

Exercise on the pulse of time with the cardiostrong ergometer BX90i

The **cardiostrong ergometer BX90i** extends your cardio workout by the iPad compatibility - motivating multi media functions. The resistant construction can be loaded up to 136 kg. The sturdy frame construction and three-part pedals provide durability. The cardiostrong ergometer BX90i has a magnetic brake system with flywheel of 8 kg for a silent, constant concentric run.

The cardiostrong ergometer BX90i - great equipment for performance-oriented workouts

The cardiostrong ergometer BX90i has a pc with LCD display. The display informs about all important training data like distance, calory consumption, pulse, etc.. 16 programs make your workout varied and motivating. 4 of it are pulse controlled for performance-oriented workouts with the cardiostrong ergometer BX90i. Heart rate is measured by integrated hand sensors or an optionally available chest strap.

The cardiostrong ergometer BX90i - more functions using the iPad !

The cardiostrong ergometer BX90i is iPad compatible for even more diversion. Download the free iSuper software of the App store and benefit from further training options. Exercising with the cardiostrong ergometer BX90i is extended by more than 10 additional programs (4 of it pulse controlle), 4 mountain tours, 4 race modes, and the game "Flying Boat".

In addition, iSuper calculates your values for optimal calory intake and consumption. The memory function reminds you for your next workout with the cardiostrong ergometer BX90i. While exercising, you can watch a video on your iPad, browse in the internet or listen to some music.

Saddle height of the cardiostrong ergometer BX90i can be varied by means of a pneumatic mechanism. Ergonomic handles and a cockpit adjustable in incline provide additional comfort. Thanks to practical transport wheels, the cardiostrong ergometer BX90i is easy to store after the workout.

Technical information - cardiostrong ergometer BX90i:

- Braking system: electronically adjustable magnetic brake
- Output: 40 - 300 W
- Flywheel mass: 8 kg
- Gear ratio: 1:8.37
- Saddle distance: 76 - 106 cm
- Length of the handlebars: 18.5 cm

Computer - cardiostrong ergometer BX90i:

- Display: duration, distance, speed, watts, RPM, calories, heart rate
- Display of exercise profiles via LCD
- Exercise programmes in total: 16 , of which custom: 4 ,heart rate controlled: 4
- Levels of resistance: 16

Features - cardiostrong ergometer BX90i:

- heart rate measurement: hand pulse sensors + chest strap (optional, sold separately)
- Chest strap for the telemetric measurement of the heart rate optional, sold separately
- Power supply: mains adaptor Saddle adjustment: vertical
- Extras: Transport wheels,
- **cardiostrong ergometer BX90i with iPad compatibility (operation is also possible without iPad)**
- Cockpit is adjustable in incline
- **Free iSuper software for your iPad with additional functions**
- Watch videos on your iPad or browse in the internet while exercising

Functions of the iSuper software:

- calculation of optimal calory intake/burning
- training reminder
- 10 additional workout programs 4 different mountain distances
- 4 heart rate controlled programs 4 different races
- game "Flying Boat" with 3 degrees of difficulty Sturdy construction
- Support for book, iPad or similar
- The illustrated iPad is not included in delivery
- The iSuper software is currently not compatible with iPad 4.
- Max. user-weight - cardiostrong ergometer BX90i: 136 kg
- Dimensions set-up - cardiostrong ergometer BX90i: (L) 110 cm x (B) 65 cm x (H) 140 cm